

# NEWSLETTER Christ News n' Views

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1914 Land Property and Party



"EXPLORING NEW HORIZONS: WELCOMING CHANGE"

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## **EDITORIAL TEAM**



Ms Lakshmi S Kurup



Ms Midhu Elizabeth



Ms Maria Diann



Ms Greeshma Paul T

From the Principal's desk...





Dear Students, Parents and Staff,

As we continue through this academic year, our theme, "Exploring Horizons," serves as a powerful reminder of the limitless potential each of us holds. This theme invites us to step beyond our comfort zones, embrace new perspectives, and pursue growth in all areas of life.

"Exploring Horizons" encourages our students, teachers, and the entire school community to engage in learning that goes beyond the classroom walls. At our school, we believe in nurturing curiosity and encouraging students to delve into diverse activities that foster creativity, resilience, and a spirit of inquiry. By participating in academics, sports, the arts, and community service, our students are not just gaining knowledge, but are also developing essential skills for life.

Our dedicated teachers and staff are committed to guiding each student on their journey, encouraging them to explore new paths and challenge themselves. Through this theme, we aim to create a culture that values discovery, celebrates effort, and embraces the thrill of learning.

l invite each member of our school community to join us in embracing this spirit of exploration. Together, let's make the most of this year by pushing boundaries, expanding our horizons, and growing stronger as a community.

Here's to a year filled with inspiration, adventure, and the joy of discovering new possibilities.

Fr Johnson Kadaparambil CMI

From the

Vice Principal's desk...

## **Turning Over a New Leaf**

The old saying goes that the only thing certain about life, is change. There is an even better saying that holds true when we think of exploring new horizons in our journey to excellence:

"If you do what you've been doing, you'll get what you've been getting."

If change is positive and permanent, then it needs to be welcomed more. Change is possible at any stage. It is never too late to bring about a permanent change in one's character. We also have to accept that no progress is possible without change.

When we reflect upon what has passed, we must understand that unless systems and models undergo change, the results will not reflect progress.

What is the surest way to bring about lasting positive change? Self-improvement can be the one way to bring lasting change in all spheres of one's life.

Let us strive to change all that needs to be changed in our behaviors and actions, to create a more harmonious sphere of existence around us, where we can be examples to be emulated for the betterment of society.

Fr Reji Koodappattu CMI

## **EDITOR'S DESK**... Trust Your Instincts

Sometimes it seems as though we have been endowed with an intelligent inner radar.

A soft voice inside us guides our every move, monitoring what we are doing and advising or warning us, as we take our baby steps towards success.

New age gurus ask us to watch for 'muscle movements', reactions to events, that are tiny indicators in our beings, which are equivalent to a sixth sense.

When you find yourselves drifting into anxiety and stress, worrying and fretting over imagined consequences, take a step back and listen to your gut. That inner soft voice that fills you with confidence, or apprehension, should be actively listened to. The sinking stomach, the pounding heart, the ringing in your ear or that quickening pulse, are important.

Take note of what it says, and become a keen observer. In the future this voice will guide you towards your greatest triumphs. Trust your instincts, and celebrate the fact that you got to do whatever difficult task was at hand.

Do not run from challenges, face them head on, and let this voice guide you gently. You will learn to listen to your inner God given wisdom, and benefit from it. Good luck!





Ms Lakshmi S Kurup

#### COUNSELLOR'S DESK... Building Resilience



"Don't be pushed around by the fears in your mind. Be led by the dreams in your heart" – Roy T. Bennett

A journey of self-exploration helps students to understand themselves better and navigate their personal and

Ms Emaculate Mary.A naviga academic lives more effectively.

One on one individual counselling sessions provide a safe space for students to express themselves and explore their inner thoughts and feelings. Techniques such as meditation can help in understanding ourself and regulating emotions.

Understanding their strength, weakness and interest helps students make informed decision about their future.

It is important to encourage our students to set and reflect on personal goals by fostering a sense of purpose and direction. By doing so individuals can gain clarity on what brings them joy and fulfilment.

Facing challenges builds resilience and coping skills. By continually exploring ourself we can create a more empathetic and supportive environment for those we serve.





"The Eucharist is the source of all our strength, the summit of all our aspirations"

The Holy Mass is a central ritual in the Catholic Church where believers gather to celebrate their faith, reflect on scripture, and partake in the Eucharist. It's a profound experience that connects the community with God and with one another. On September 6th 2024 we had a Holy Mass in St. Thomas Church where all the

Catholic students participated. The Holy Mass was celebrated by Rev Fr Johnson Kadaparambil CMI, the Principal of Christ School CBSE. This

special event brought together students from various grades to celebrate their faith and engage in the central ritual of Catholic worship. During the Mass, students joined in welcoming the gathering, in the introductory prayers, reading the word of God and listened attentively to the readings from the Bible, and reflected on the homily delivered by Rev Fr Johnson Kadaparambil CMI. The highlight of the Mass was the Liturgy of the Eucharist, where students received Communion, marking a profound moment of spiritual connection. The occasion was more than just a religious observance; it was an opportunity for students to come together as a community, strengthen their faith, and support each other in their spiritual journey. The Mass ended with a blessing and encouraged students to carry the values and teachings of the celebration into their daily lives.

#### Sr Jothi Boniface AMS

## **PRAYER SERVICE**

Prayer service was held for non-Catholic students on 13th September, 2024 in

Chavara Auditorium. The service started with hymn and scripture reading by the school choir. In the first session meditation was conducted on different mudras which helps us in calming the mind, balancing emotions and deepening concentration.

The topic discussed in prayer service was on how to respect human life by being kind and courteous. Short videos were exhibited on the effects and coping strategy of bullying.

During the interactive session, problem solving approaches such as seeking social support, staying calm and assertive, laugh instead of showing fear were discussed. By respecting human life, it helps us to feel safe and express ourselves.



Ms Emaculate Mary

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यह दिन हमें हिंदी के प्रति अपने प्यार और सम्मान को दिखाने का अवसर देता है और हमारी सांस्कृतिक पहचान को मजबूत करता है।

The programme was held at Chavara Auditorium at 9:00 am. The programme started with an introduction by Krithika of Grade IX, the welcome speech by Sara Mathew of Grade IX, followed by the felicitation by the Vice Principal Rev Fr Reji Koodappattu CMI, and the message by the Principal. Our principal felicitated all the Hindi teachers with flowers. The students and all Hindi teachers had taken part actively to make the event successful.

> हिंदी दिवस का उद्देश्य हिंदी भाषा के महत्व और प्रसार को बढ़ावा देना। आओ हिन्दि सीखे और हिंदी सिखाएँ।

#### **INITIATION School Cabinet Elections** 2024-25

The School Cabinet Election was held on 19th June, 2024 in the school guadrangle. The Election Committee had done the planning well in advance after discussions.

This ceremony was the culmination of a rigorous election process that included nominations, campaigns and scrutiny leading to the selection

of the key student leaders for the academic year 2024-2025 The datesheet for the elections was as follows:

- 14th June
- 15th June
- **Distribution of Nomination form**

form

- 18th June 19th June
- Contestants address the Voters Cabinet Election

Last Day to submit the Nomination

The nominations from the students were collected by the class teachers. The committee had done the scrutiny of the nominees and came up with the final list of the candidates. The duty list and all the procedures of the election was briefed to the polling officers who, during the staff gathering, put up details on the notice board. Contestants once again briefed the name and the post they are standing for to the voters on the day of election. The Principal wished them the very best during his address. Three polling booths were arranged and polling officers were allotted in each booth. Polling started at 9 am. Students cast their valuable

votes for the contestant who they felt was the best. The Physical Education Department and the teachers took care of the discipline of the students. The polling ended at 12:45 pm and the ballot boxes, the class list and the balance ballot sheets were handed over to the Election Committee by the polling officers.



## Celebrations

We joyfully celebrate.

On 15th August 2024, Christ School CBSE celebrated the 78th Independence Day with great enthusiasm and patriotic fervor. The event was meticulously organized by the Green House and commenced with a Guard of Honour, led by our esteemed Principal, Rev Fr Johnson Kadaparambil CMI. The

**INDEPENDENCE DAY** 



Chief Guest, Dr Aravind Kumar Gupta, was warmly welcomed by the MC, setting a vibrant tone for the day.

The celebration was marked by the unfurling of the National Flag,



symbolizing the spirit of freedom and the sacrifices of our freedom fighters. This was followed by a disciplined March Past by the students, showcasing their unity and dedication. A soul-stirring patriotic song resonated throughout the grounds, instilling a sense of national pride in everyone present. The significance of Independence Day was further highlighted by an inspiring speech, reminding us of all the values and principles that our country stands for.

Adding a visual narrative to the celebration, a tableau depicting the rich history and culture of India was presented, captivating the audience. The event also included a prize distribution ceremony where students were recognized for their achievements in various

competitions held in the lead-up to Independence Day.

Competitions were held for different grade levels, fostering creativity and patriotism among students:

## **Competitions**

A House-Wise Notice Board Decoration Competition was held, with the theme "Independence Day," adding a creative touch to the celebrations.

The event concluded with a vote of thanks, followed by the distribution of sweets, which brought joy to all attendees. The Light and Sound show further enriched the event, creating lasting memories captured by photographers. Mementos and saplings were presented as tokens of gratitude to the Chief Guests, and the day ended on a high note, thanks to the dedicated efforts of the teachers and organizers who ensured the event's success.

### **Hindi Diwas**

The Hindi Diwas Celebration was held on 13th September and it focused on the importance and the purpose of Hindi. The day inspired us to have a love of language. Hindi Divas is celebrated every year to emphasize the importance of Hindi and to promote it among every generation.



## Investiture Ceremony

The Investiture Ceremony on June 28th commenced with the blessing of the newly renovated auditorium, led by our Manager, Rev Fr Varghese Vithayathil CMI.

The Investiture and Oath-taking Ceremony was held in the Chavara Auditorium at 8:45 am. The event commenced with the Guard of Honor and introduction led by the MC Ms Lakshmi S Kurup, followed by an Invocation Dance. Vibha P, the Ex-Head Girl delivered. the Welcome Address with warmth and enthusiasm, setting a positive tone for the event.

A significant highlight was the Lighting of the Lamp. by Yogananda, the Ex-Head Boy. He also shared his experience, inspiring the audience. The main segment, the Investiture Ceremony, was officiated by Rev Fr Varghese Vithayathil CMI, Chancellor of Christ (Deemed to be University), Rector of Dharmaram College and Manager, Chirst Group of schools. An address by the President motivated the student leaders.

The Action Plan for the year was presented by Deekshashree R P, Head Girl. The event concluded with the Vote of Thanks by Pranav P Yadav and ended with the School Anthem, marking a memorableday.

#### Administering to the needs of Society....

### The Ministries of Christ CBSE Ministry of Language and Literature – Child Labour Day

On the eve of Child Labor Day, June 12th, an awareness-themed dance was conducted by the students of class V D during the school assembly. The performance highlighted the abuse and exploitation of young children in the workforce. To ensure maximum outreach, the theme dance included elements in three major languages: Hindi, English, and Kannada.

Despite the prohibition of child labor by governments worldwide, it remains prevalent in many developing and underdeveloped countries. Education and awareness are crucial in the fight to abolish child labor, and the theme dance served as a powerful tool to raise awareness among the community.

Following the dance performance, an essay competition was held for students from Grades V to IX. The top three essays were selected and recognized for their outstanding contributions.

This event was organized by the Ministry of Language and Literature, showcasing their commitment to using creative methods to address and combat the critical issue of child labour.



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## Story Telling & Poem Recitation



Language and Literature Ministry successfully conducted the Story telling and Poem Recitation competitions on 24th July, 2024. Events were

Story telling for Grade I to IV in English Language.

Poem recitation for Grade V to IX in English, Kannada and Hindi languages.

Each student was given 3 minutes for this activity.

After the events, each student was evaluated and the top 3 performers were chosen the teachers as winners.

## **English Reading Challenge**

The Reading Challenge was conducted at our school in the month of August 2024, for the students from Grades VI to X. The challenge aimed to encourage students to develop a reading habit, improve their vocabulary, and enhance their comprehension skills.

A total of 200 students participated in the challenge, with 10 students from each section of Grades VI to X.

Students were required to read any content of their choice from the English journals and they were assessed based on their reading speed, comprehension, and vocabulary. After evaluating the students', the top three students from each section were selected.

The English Reading Challenge was a successful event, with enthusiastic participation from students. The challenge will continue to inspire students to develop a love for reading and improve their English language skills.

## **Spell Bee**

The Wizkids Spell Bee examination conducted on 6th November was attended by 517 students from Grades V to X.

The event included dictations and written word puzzles, that the students thoroughly enjoyed. The winners of last year's event were:

- N Saipranav of Grade III
- Gaurav of Grade VII
- Delvin of Grade X

Ms Lakshmi S Kurup.

### **Hindi Competitions**

To promote Hindi language skills and cultural enrichment among students of various grades, several literary activities were conducted

The language and culture enrichment activities conducted by the Ministry of Language and Literature was a resounding success. Students across various grades engaged enthusiastically, demonstrating significant improvement in Hindi language skills and cultural appreciation. These activities will be continued and expanded to further enrich the linguistic and cultural heritage of our students.

Ms Nabanita Chakraborty

### Ministry of Science, Maths, and Technology

### Space Week Pelebration

To foster curiosity and interest in space exploration among students, the ministry organised many events and competitions.

- Grade I-IV: Students created models of rockets using clay, showcasing their creativity and understanding of basic rocket structures.

- Grade V-IX: Students designed and built satellite models, demonstrating their knowledge of satellite components and functions.

- Innovative rocket designs were created by younger students, featuring colourful and textured clay creations.

- Impressive satellite models showcasing attention to detail and technical understanding were built.

- Engaging presentations by students, highlighting the importance of satellites in modern communication and exploration.

Space Week at Christ School, CBSE was a resounding success, inspiring students to explore the wonders of space. The event demonstrated the school's commitment to fostering curiosity, creativity, and critical thinking among its students.

Ms Nimmy Abhilash



LIGHT O

## Ministry of Environment and Social Service Report on Autistic Day

Ministry of Environment and Social Service conducted an essay writing competition for the students on the occasion of Autistic Day on June 18th. Students of Roll numbers from 11 to 20 were encouraged to participate on the topic. World Paper Bag Day

On account of world paper bag day -on July 12th, a Paper Bag making competition was conducted on 18th July by the Ministry of Environment and Social Service.

This competition was conducted for the roll numbers from 31 to 42 in high school classes during the first period. Three participants from each grade were selected as winners.



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#### Independence Day Competition

In connection with Independence Day celebrations, a number of competitions were organized to foster the spirit of patriotism in the students.

Grade I and II: Draw and colour the National flag. Grade III and IV: Draw any 2 National Symbols and write about them.

Grade V to IX: Designing the Punch logo related to Independence Day. These competitions were conducted for Grades I to IX. The top three were selected as winners from each grade.

Ms Reshma K

#### **World Nature Conservation Day**

On 29th July, our school community came together to observe World Nature Conservation Day, organised by Science, Maths and Technology Ministry. To mark this special day, a series of engaging events and activities were conducted. These promoted environmental awareness and encouraged students to take action in protecting

our planet. Clay modelling, flowchart making and public speaking events were organised to awaken enthusiasm in the students.

World Nature Conservation Day was celebrated with great enthusiasm and passion at our school. Through these events, we aimed to inspire our students to become responsible stewards of the environment and to take small steps towards making a positive impact on our planet. We hope to continue this momentum throughout the year and make environmental conservation an

#### SWACHHATA HI SEVA Campaign - 2024

Swachh Bharat Diwas on 2nd October, 2024 was a tribute to the Father of the Nation on Gandhi Jayanti. Considering the importance of swachhata in schools and to sensitize the children and community members about the cleanliness through school, our school has organized Swachhata Hi Seva campaign 2024 on 23rd September 2024.

Students of Grades VII and IX participated in the cleanliness drive by cleaning the school surroundings and removing the waste with the help of teachers.

Swachhta Shapath and Slogan writing was done by the students and teachers on "Swabhav swachhata – Sanskar Swachhata". An oath taking ceremony was held to keep their area clean with a renewed sense of purpose, knowing that their actions today would shape the world of tomorrow. The cleaniless drive organized by our school was a resounding success, with enthusiastic participation from students and teachers. The initiative aimed to instill a sense of responsibility towards cleanliness and hygiene in the school community. Ms Nimmy Abhilash

## Ministry of Arts and Culture

Several competitions were conducted by the Ministry of Arts and Culture;

1. Students from Grades I and II spoke about their favourite sport.

2. Students from Grades III and IV wrote about their favourite sport person.

- Collage making competition of their favorite sport and sports person was conducted for Grades V and VI.
- 4. Grade VII made a Model of the basketball court
- 5. Grade VIII made a Model of the Volley ball court
- 6. Grade IX made a Model of the Cricket pitch

The Ministry of Arts and Culture successfully organized a series of engaging competitions across various grade levels, encouraging creativity and research among students.

#### **Competitions Overview:**

1. Grades I to III:

Students showcased their artistic skills through origami paper art. Participants created various paper sculptures, demonstrating creativity and fine motor skills.

2. Grade IV:

A project focused on indoor games was conducted. Students researched and presented traditional games from different regions, emphasizing their cultural significance and gameplay.

3.GradeV:

Participants developed a project highlighting prominent Indian hockey players. This initiative aimed to educate students about the contributions of these athletes to the sport and their achievements.

#### 4. Grade VI:

A detailed project on legendary hockey player Dhyan Chand was presented. Students explored his life, career, and impact on Indian hockey, fostering a deeper appreciation for the sport.

5. Grades VII to IX:

Students engaged in a project exploring festivals celebrated across different states of India. This project encouraged collaboration and cultural exchange, as participants highlighted the diversity of traditions and celebrations.

The competitions were well-received, fostering creativity, teamwork, and cultural awareness among students. The Ministry of Arts and Culture is committed to continuing such initiatives to promote arts and culture in education. Ms Maria Diann



Peni Widi Wici...

## Floraison 2024

The Talent Day of Christ School CBSE, 'Floraison', was a spectacular showcase of the diverse and remarkable abilities of our students. The event was organized to provide a platform for students to display their talents in various fields such as music, dance, drama, art, and more.

Floraison 2024- Talents Day was conducted on the 2nd and 3rd of August. Th<mark>ere were 12</mark> individual events and 6 group events. Rev Fr Nijo Jose, Principal, Christ School (State) was the Chief Guest for the occasion.

The programme was organized well. Judges were invited from Christ University. Many students took part enthusiastically in the events. Winners' points were added to their houses. Red house was declared the winner. Blue house and Yellow house secured second and third place respectively. All the students and teachers participated actively to make the event successful. Floraison not only provided a platform for students to showcase their talents, but also fostered a sense of community and school spirit.

DCL Little Blooms, Artista and Blooms Competition – 2024

DCL Little Blooms inter-school competition of the Lower Primary section was conducted on 4th August in the Christ University Campus. 15 students of Grades I to IV participated in various cultural events like Solo Dance, Solo Song, and Fancy-Dress competition.

Artista which was held on 4th August is an inter-school drawing competition, for Grades I to X. Around 140 students participated in this event to showcase their creativity.

Writathon is the creative writing competition which was held on same day. 16 students participated to showcase their talent in short story writing, poem and essay writing. The competition was well organized and active participation of our students made the event lively.

DCL Blooms competition was held on 18th August at Christ University Campus. DCL Blooms is an inter-school competition where students from various schools can showcase their talents. 192 students from Grades V to X participated in the various cultural events like Solo Dance, Solo Song, Extempore, Elocution, Mehndi, Rangoli, Collage, Group Dance, Group Song, and Skit. Our school bagged 9 prizes in different categories.

Winners of DCL Blooms 2024



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**Floraison 2024** 

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#### 1. Classical Group Dance HS - 1st Prize-Vibha and Team

2.Mehendi HS - 1st - Deekshashree R P and Chandrakala, Grade IX

2nd-Shireen Taj and Poorvi Shetty, Grade IX

Mehendi UP - 3rd - Kanika Veereshwari and Kusuma Priya, Grade VI

3. Rangoli - 3rd - Manvitha and Yashini, Grade V

4.**Collage** - 1st - Janvi R and Deekshashree, Grade IX 5.**Reel Making** -

UP - 3rd-Tanishka Singh and Kush Naik, Grade IX HS - 1st - Akshaya Shiju and Shreya R, Grade IX

6. Photography - 2nd - Janvi R - Grade IX

7. Writathon - Story Writing 3rd-Aditi G-Grade VI

The students demonstrated exceptional dedication by working hard, practising diligently, and participating with enthusiasm in every event. The teachers played a crucial role, offering guidance, support, and encouragement to ensure the students were wellprepared for their participation.

Ms Paramita Das



















#### Interschool Karate Competition : Vydehi School of Excellence

Our students participated enthusiastically in the karate event held at Vydehi School of Excellence and the following prizes were bagged.

Yashwant of Grade VII C secured 1 st place in kata, Bhuvan T of Grade VII D secured 3rd place in kata,

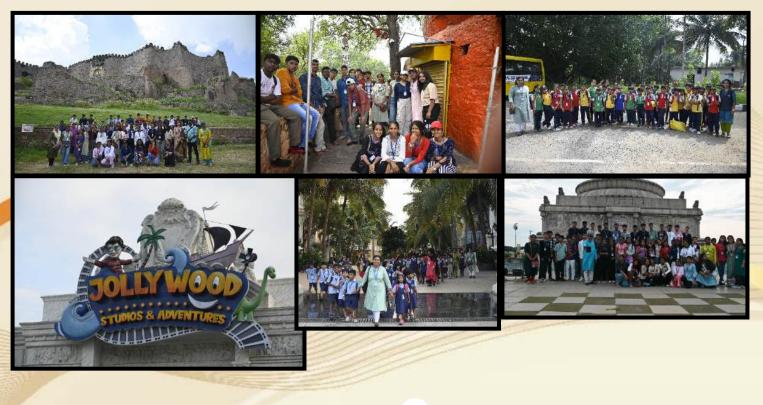
Mokshith Vignesh of Grade VII D secured 2nd place in kata and 1 St place in kumitte.

Ms Chandrika D

#### Recreation

#### Ret's unwind... Jollywood: A Jolly Trip Indeed

On 7th November, 2024, the students from Grades I to IV embarked on an eagerly anticipated picnic to Jollywood, a renowned water theme park. The excitement was palpable as students from various classes gathered at the designated meeting point, eager to escape the routine of academics. The convoy of buses left the school premises at 9 am, carrying approximately 679 students, accompanied by 53 staff. The atmosphere was electric, with students chatting, laughing, and singing along to popular tunes. Upon arrival at Jollywood, students were greeted by a dance performance near the water fountain. Then the students were sent to play in the rain dance area and wave pool. A sumptuous spread of snacks and meals was arranged, satisfying everyone's cravings. After the lunch, children started to explore the day with various theme-based rides. As the day drew to a close, students reluctantly boarded the buses, exhausted but exhilarated. The picnic to Jollywood proved to be an unforgettable experience, fostering camaraderie, relaxation, and memories to cherish. The success of the picnic owes a huge thanks to the organizers, teachers and the supporting staff for their tireless efforts in planning and execution. Ms Steji Injodikaren



## Wonderstru<mark>ck at Wonderla</mark>

A class picnic was organized for students of Grades V to VIII on 7th November 2024 to Wonderla Amusement Park, a day filled with excitement and joy. A total of 460 students participated, along with 37 staff members who accompanied them.

The trip began at 9:00 AM from the school campus, with 10 buses arranged for the transportation. The students were eager to explore and enjoy all that the park had to offer.

At Wonderla, the students enjoyed a wide range of thrilling dry and water rides. Some of the most popular dry rides included Flash Tower, Recoil, Equinox, Hurricane, Y-Scream, Techno Jump, Maverick, Drop Zone, Insanity, Wave Rider, Cine Magic, Adventures of Chikku, Musical Fountain, Laser Show, Pirate Ship, Net Walk, Sky Wheel, Wonder Splash, Toon Tango, Dungeon Ride, and Crazy Cars. On the water rides, the students had a blast on the Lazy River, Jungle Lagoon, Drop Loop, Boomerang, Fun Racers, Twisters, Uphill Racers, Rain Disco, and the Wave Pools.

Lunch and high tea were provided to ensure everyone stayed refreshed and energized throughout the day.

The group returned to the school campus at 7:45 PM, with every student exhibiting excellent behaviour and discipline throughout the entire trip. The event was a grand success, leaving lasting memories of fun, adventure, and teamwork. It was an unforgettable day for all participants.

Ms Paramita Das

#### **Highly Enjoyable Hyderabad**

The students of Grade X had a wonderful time at Hyderabad, visiting famous monuments and taking a much-needed midyear break from their hectic study schedule. The trip extended from 15th October to 19th October. The students were thrilled to explore the sights and sounds of Hyderabad with their peers.

Once they reached Hyderabad, the luxury coach that took the students from one destination to the next was kept alive with dance performances and games. From the highest point of Golconda fort, that offered up a breathtaking view of this beautiful city, to the wonders of Charminar, to the many fascinating sights of Ramoji film city, the trip was exciting and invigorating.

Comfortable places of stay and sumptuous buffets kept the children in their best holiday mood. Their only complaint, was that they had to start back home just when they were enjoying themselves so much.

Ms Lakshmi S Kurup

### **Collaboration** *Ret's brainstorm...*

Staff Meeting Report

The staff meetings are conducted on regular basis to provide a structured time for staff to come together and discuss important issues, share updates and collaborate on ongoing process. It serves as a platform for communication, decisionmaking, and problem-solving, ensuring that the school functions in a systematic way. The third staff meeting was held on 9th July 2024, the agenda of the staff meeting was to give guidelines for the up-coming PA-2 examination and also to give the general instructions for the staff.

The fourth staff meeting was held on 2nd September 2024, the agenda of the staff meeting was to give an update on monthly ministry activities, to give an update on subject wise meeting conducted every month, and also to give guidelines for the upcoming half yearly examination. The Principal spoke to the teachers about the upcoming half-yearly examination and gave necessary guidelines.

Ms Akhila Kurian CHRIST NEWS Nº VIEWS 17

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### **Capacity Building Programme** on Cyber Security

The Capacity Building Programme on Cyber Safety and Security was organized with the objective of equipping participants with essential knowledge and skills to navigate and mitigate cyber threats effectively. Held on 13th July 2024 at Christ School CBSE, Bengaluru. The programme was presided over by two eminent speakers namely Dr J Bhuvaneswari and Ms Subhra Jain.

The main objectives of this programme were to enhance awareness about cyber threats and vulnerabilities, to impart practical skills in cyber hygiene and safe online practices, to educate participants on incident response and cyber crisis management, to promote collaboration and information sharing among participants.

The programme spanned for a day and comprised a mix of lectures, workshops, and practical exercises.

Participants included 60 inhouse teachers. Feedback from participants highlighted the programme's relevance, and the quality of instructors. Many noted that they gained actionable insights and felt more prepared to tackle cyber threats in their respective roles.

The Capacity Building Programme on Cyber Safety and Security was instrumental in enhancing participants' readiness to tackle cyber threats in an increasingly digital world.

Ms Maria Diann



### "Scientifically Know Your Child and Yourself"

Christ School CBSE organised the workshop on August 3rd, in Chavara hall. The speakers were Dr Samuel Krupakaran and Dr Shanthakumar.

The session began with an introduction by the facilitator who outlined the workshop's objectives and provided a brief overview of the topics to be covered. Emphasis was placed on the importance of integrating scientific principles with everyday parenting practices. The parents and the teachers are the role model for the children.

Our Principal, Rev Fr Johnson Kadaparambil CMI also emphasized that, together with the efforts of teachers, parents can make a child achieve great heights in their life by identifying their hidden talents.

The goal was to increase self-awareness and enhance the ability to respond to children's needs more effectively. The workshop "Scientifically Know Your Child and Yourself" successfully provided valuable insights into child development and the importance of self-awareness in parenting.

Ms Mahimaimary Selvaraj

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## Hindi Workshop

A Hindi Workshop was conducted on. In this session all the 7 Hindi teachersparticipated.

The programme started with Ms Shilpa J delivering the welcome address.

The session started with Puzzle Activity bt the resource person Ms Ranjana Sing from Sindhi High School, Hebbal Bangalore.

The topic was picked according to the CBSE syllabus for grades IX to X, Activity Based Grammar and Question paper pattern for 2024 – 25 AISSE Examination.

We honoured the guest with the token of appreciation by the Staff Secretary Ms Akhila Kurian. The

session with concluded the vote of thanks by Ms Nethravati.











## **Health Check-up**

#### "To keep the body in good health is a duty, otherwise we shall not be able to keep our mind strong and clear."

Christ School CBSE conducted a comprehensive health check-up for the students of Grades IX and X on 19th July 2024, in association with the Lions Club of BTM Nightingale & Lions Club of Greater Koramangala, to ensure their optimal health and wellbeing. The check-up aimed to identify potential vision issues, teeth occlusion, ears, and posture evaluation, allowing for timely interventions and support where necessary.

The students were attended by qualified doctors from Srinivas Health Care. We extend our heartfelt gratitude to Dr Srinivasan V., Dr Hemavathi N., and Dr Keshavamurthy for their selfless service and compassion, which has made a significant impact on our school. The health check-up was coordinated by Mr G. Manjunath, Ex-Corporator&StandingCommittee for BBMP.

This initiative emphasized the importance of regular health checkups and provided guidance on maintaining good health. It is part of Christ School CBSE's commitment to promoting overall student welfare and academic success through proactive health measures.

A special thank you to the Lions Club of BTM Nightingale & Lions Club of Greater Koramangala, for their invaluable support and partnership in making this event possible. Your dedication to the community is truly inspiring!







## Vaccination Camp

With infectious disease, without vaccines, there's no safety in numbers - Seth Berkley

We are thrilled to share that the vaccination camp organized by the Health Team from Madiwala Government Dispensary BBMP Dialysis, in Christ School CBSE on 27th July 2024. The eligible students were from Grade I: 5-Gyears (DPT- Diphtheria, Pertussis and Tetanus) Grade V: 10-11 years (TD- Tetanus Diphtheria) Grade X: 16-17 years (TD- Tetanus Diphtheria)

The initiative aimed to provide essential vaccinations to students, promoting better health and disease prevention.

- To administer vaccinations to students as part of routine immunization programs.
- To raise awareness about the importance of vaccines in preventing diseases.
- To ensure that students receive timely vaccinations to maintain public health standards.

Vaccinations were administered to students following the established health protocols. Health professionals were available to answer questions and address any concerns from students and their guardians. Post-vaccination monitoring was explained to ensure no immediate adverse effects. Vaccination records were updated and maintained for future reference. The vaccination camp successfully met its goal of providing essential vaccinations to students. It increased the awareness among students and staff about vaccination benefits. Positive feedback from participants and school staff regarding the organization and efficiency of the camp. The vaccination camp organized by Madiwala Dispensary BBMP Dialysis Vaccination was a successful endeavor in safeguarding student health. The cooperation between the health team and the school administration ensured that the event was conducted smoothly and effectively.

Sr Jothi Boniface AMS



# **Evaluation**

### Half Yearly Exam

Examination is the commonest form of assessment in which the subject knowledge can be evaluated. Half Yearly Examination was conducted from 27th September to 10th October, 2024. The portions for the exam were sent to the parents well in advance. Students were given enough revision to attend the exams well. The exam was conducted for 80 marks to Grade V to IX and 40 marks for Grade I to IV. The PTI Meeting to evaluate the result was conducted on the 26th of October.

NEWSIETTER

 $\operatorname{Mr.Vinoth} M$ 

## Voices

### Ten Word Miracle formula



Everyone of us will be having a story which turns out to be a moment of revelation in our lives. Here I would like to share a chapter of my life that made me who I am. I used to be an introvert who neither spoke to nor even smiled at anyone. I tried to skip almost all functions and parties just to

avoid listening to negative comments especially, "Janet, you are too slim, it looks awkward". Further, I was anxieted to face a large crowd due to the inferiority complex within me. Gradually, I realized that I would be able to enjoy my life only if I let go of my complex. I started to think about a solution. Saying YES to everything despite of those conflicts was the only solution to get rid of my internal struggle. I started to take up challenges which gifted me with umpteen opportunities to mould myself. And finally, I discovered a confident girl within me.

Thus, never say a word 'NO' when there is a possibility to say 'YES'.

START where you are...

USE what you have...

And Do what you can.

Always BEPOSITIVE.

I recollect an incident which further paved way to a turning point in my life when a priest advised me with a 10 word formula to attain success." \*I can do all things through God who strengthens me\* ". Continuously repeating it during my hard times enabled me to become more confident. This word of God became a part of my life.

Being a teacher, I always begin my class by asking students to repeat the same word of god. I strongly believe that it will help them to encounter all difficulties with strong faith and ultimate hope in the Almighty God. I am sure they would definitely conquer their dreams with their faith anchored in God.

"With God by my side, I am a heroine. Without Him, I am nothing but a big zero."

If you trust in the Lord, then you can see miracles happening in your life.

Yes, God has a beautiful plan for you. Nothing is impossible for him.



### **Buddy's voice**

Life's Small Dilemma How can lavoid betrayal, When choices must be made Between one or the other. Leaving something behind? Every promise I make, Everythoughtlexpress, Every friend lembrace, None seems just right for me. With each new promise, With each quiet thought, With each friendship, Ifeel the sting of betrayal. Ignoring those calls, Every day marked by betrayal, Each second shadowed, Yet I sense something's amiss. In a vast world, AmItrulytheonlyone Who struggles each day To find and keep true friends

> Anushka R X B

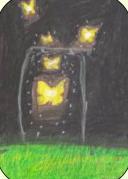
Ms Janet Jimmy

## Brush Strokes...





Aaron Santhosh Mathew - 6D



Aninditha - 5D



Ayushi Jain - 8B



lan T Alencherry - 4F



Jerin Jose Jipson - 6C

Konzel (Dare) -- une

Kakashi - 6C



Navya - 6A



Thaswika URS N -6B



Vedanth Kumar -B5





Varnika Singh - 8B



Daniel A Lobo - 6C

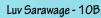


Ayushi Jain 8B



Jithesh D Kulal - 5A

Pruthv Gowda - 5D











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